



# My Curriculum Map

2026/2027

|           | TERM 1                      |                  | TERM 2                |                     | TERM 3                      |                  |
|-----------|-----------------------------|------------------|-----------------------|---------------------|-----------------------------|------------------|
| Reception | Introduction to PE : Unit 2 | Dance- Nativity  | Fundamentals : Unit 1 | Gymnastics : Unit 1 | Ball Skills : Unit 1        | Athletics        |
| Year 1    | Fundamentals                | Dance- Christmas | Team Building         | Gymnastics          | Ball Skills                 | Athletics        |
| Year 2    | Fundamentals                | Dance            | Team Building         | Fitness             | Yoga                        | Athletics        |
|           | Target Games                | Invasion Games   | Sending and Receiving | Net and Wall Games  | Striking and Fielding Games | Gymnastics       |
| Year 3    | Yoga                        | Dance            | Gymnastics            | Fundamentals Y3/4   | OAA                         | Fitness          |
|           | Tennis                      | Ball Skills Y3/4 | Hockey                | Netball             | Cricket                     | Athletics        |
|           |                             |                  |                       |                     |                             |                  |
| Year 4    | Swimming                    | Swimming         | Fitness               | Dance               | Gymnastics                  | OAA              |
|           | Basketball                  | Football         | Rugby                 | Tennis              | Cricket                     | Athletics        |
| Year 5    | OAA                         | Dance            | Swimming              | Swimming            | Fitness                     | Gymnastics       |
|           | Football                    | Rugby            | Hockey                | Netball             | Tennis                      | Athletics        |
| Year 6    | Dance                       | OAA              | Gymnastics            | Football            | Fitness                     | Indoor athletics |
|           | Rugby                       | Hockey           | Basketball            | Yoga                | Tennis                      | Cricket          |
|           |                             |                  | OAA - RYG             |                     | Swimming for NS             | Swimming for NS  |