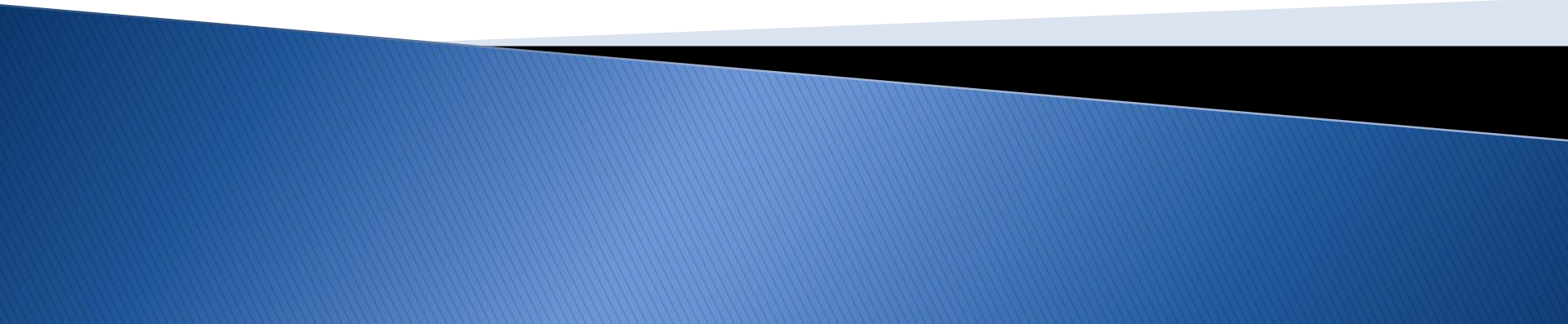


RYG 2027

Meeting

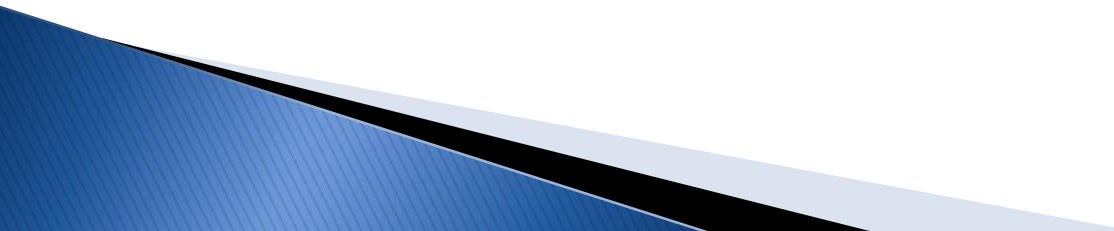
September 2026



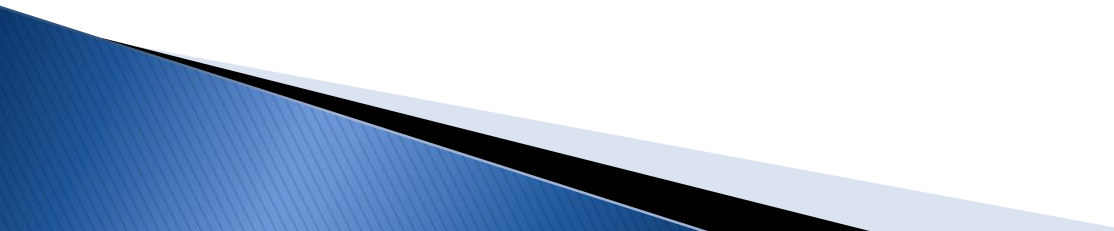
RYG Participants & Staff 2027

- ▶ Year 6 children

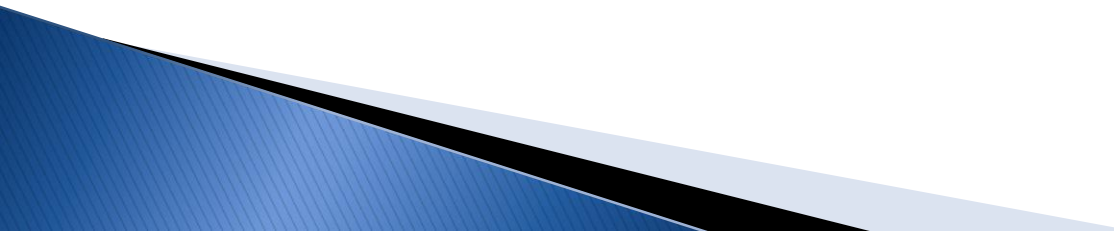
STAFF

- ▶ Miss Finn (PE lead)
 - ▶ Miss Roseaman (family hub lead)
 - ▶ Miss Jennings (Year 6 cover TA)
 - ▶ Miss Clark (TA working in FS)
- 

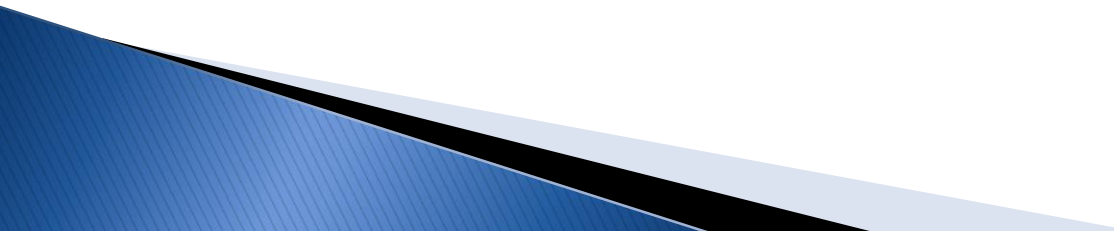
Departure

- ▶ Children should be at school by 8.45 am on Sunday 17th January.
 - ▶ Luggage, medication and spending money will be 'checked in' by your child's group leader.
 - ▶ **If needed, give your child travel sickness medication (and hand in for other journeys).**
 - ▶ The coach is due to leave at **9.15am.**
- 

Journey Details

- ▶ Scheduled to arrive at RYG between 3.00 - 3.30pm.
 - ▶ Children will need to bring a packed lunch and entertainment for the journey (no electronic devices) with a rucksack or bag to put it in.
 - ▶ We will stop for lunch at services for 1 hour.
 - ▶ We will text you when they arrive.
- 

Return Journey

- ▶ Leave RYG at 10.30 am ish on Friday 22nd January.
 - ▶ We will arrive back school at approximately 3.30pm.
 - ▶ Children will make a packed lunch at RYG for return journey.
 - ▶ We will use the texting service to keep you informed of changes to arrival time / delays etc.
- 

Packing

- ▶ See packing list in update pack.
- ▶ Specialist equipment (boots, waterproofs, fleece etc) provided by RYG.
- ▶ Pack old clothes – the children will get muddy!
- ▶ Remember to pack swimming gear & towel
- ▶ All items should be clearly labelled.
- ▶ RYG strongly recommends that all valuables be left at home.
- ▶ Disposable cameras only.
- ▶ Unbreakable flask (no glass, please!)
- ▶ **NO MOBILE PHONES or electronics.**

Spending Money

- ▶ There is a small gift shop at the centre.
- ▶ £30 is the maximum we'd recommend for the week.
- ▶ Please send your children with a mixture of change and notes in a purse/wallet but not an envelope.
- ▶ A safe deposit box is available at the centre.
- ▶ The teaching staff cannot be responsible for money or **valuables** left in dormitories or lost on activities.

Childs t-shirt £7.50

Childs hoodie £20.00

Adults t-shirt £10.00

Adults hoodie £25.00 Childs t-shirt £7.50

Childs hoodie £20.00

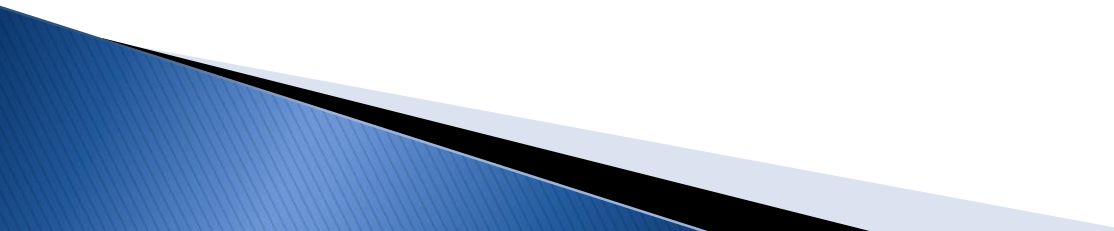
Adults t-shirt £10.00

Adults hoodie £25.00

Food

- ▶ RYG provides a substantial breakfast, packed lunch and evening meal each day. The meals are designed to provide all the energy the children need.
- ▶ Vegetarian meals are provided. Other dietary needs are catered for (e.g. nut or dairy allergies) – please let us know if you haven't already done so.
- ▶ Please do not pack fizzy drinks, chocolate, crisps or other snacks for the week (they will be confiscated).
- ▶ No chewing or bubble gum
- ▶ Boiled sweets or mints are acceptable.
- ▶ “Emergency Happy Sweet”

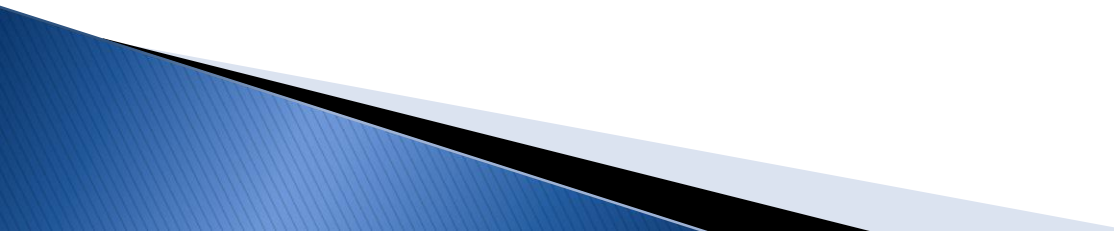
Medical

- ▶ If your child require travel sickness medication please ensure a medical form has been completed.
 - ▶ Any regular medication needed by your child will be administered by a Thameside member of staff, a medical form will need to be completed
 - ▶ Should illness arise during the week you will be contacted and, if required, the on call GP will see your child.
 - ▶ The RYG activity instructors have first aid training. First Aid Kits are taken on all activities.
- 

Activities

- ▶ Activity programme includes:
 - Night Walk
 - Canoeing
 - Gorge Walk
 - Mountain Day / Climbing
 - Beach Scramble
 - Slate Mine
 - Orienteering
 - Swimming (may be an option if weather is too severe to go out)
- ▶ The exact schedule and programme is weather dependent and will be confirmed on arrival.

Day to Day Arrangements

- ▶ The children will be split into activity groups. Each group will be led by an RYG instructor and supported by at least one Thameside staff member.
 - ▶ The children will find out which group they are in during RYG Club which will take place the week before RYG.
 - ▶ We will ensure that every child is in a group with someone they know.
- 

Day to Day Arrangements

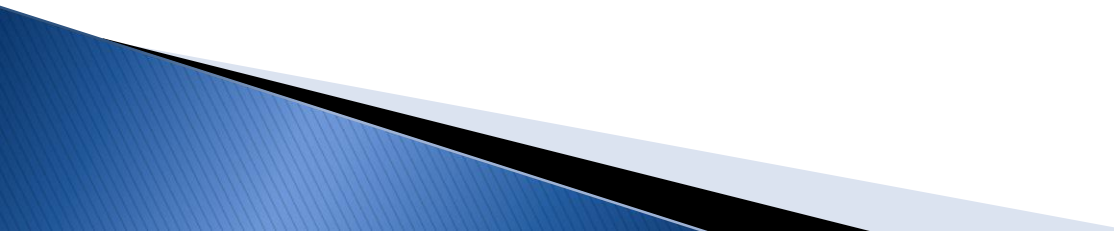
- ▶ The day is structured as follows:

Wake up	(7.30am)
Breakfast	(8.00 – 8.45am)
Chores	(8.45 – 9.30am)
Briefing	(9.30 – 10.00am)
Activities	(10.00am – 4.00pm)
Shower	(4.00 – 4.30pm)
Evening Meal	(5.30 – 6.15pm)
Activities	(7.00 – 8.30pm)
Bedtime Drink	(9.00pm)

Centre Chores

- ▶ Each day the children will have chores. These include:
 - Weather station
 - Clearing & setting dining tables
 - Sweeping & vacuuming the Centre
 - Sweeping the vans
 - Tidying the dormitories
- ▶ The children are divided into 'duty groups' and rotate to do different chores each day.
- ▶ All the children are expected to help!

Night Time Arrangements

- ▶ Boys and girls sleep in separate dormitories inside the centre.
 - ▶ Staff bedrooms are located next to dormitories.
 - ▶ Children are expected to stay in their dormitories at night (unless they need the toilet or there is a problem), and to allow others to sleep.
 - ▶ The centre is secured each night.
- 

Behaviour

- ▶ We expect the children to act in a safe and responsible way, with respect for others.
- ▶ The teachers will handle the following problems promptly and fairly:
 - *Anti social or disruptive behaviour, i.e. bad language, vandalism, fighting, bullying, rudeness.*
 - *Refusing reasonable requests by adults.*
 - *Keeping others awake at night.*
 - *Not participating in chores (e.g. dormitory clean up).*
- ▶ If a child continues to act inappropriately, the teachers will phone their parents. More serious misbehaviour may mean an immediate phone call home. These more serious problems are:
 - *Leaving their dormitory after lights out (except to use the toilet or in an emergency).*
 - *Endangering themselves or others.*
- ▶ If the behaviour continues or is repeated, the centre and/or the school reserve the right to ask you to collect your child from RYG and take them home. There would be no refund.

Homesickness

- ▶ Most children experience homesickness to some degree when they are away from home. New surroundings, different people and new situations can make children feel anxious.
- ▶ Children usually feel homesick during 'quiet times' (e.g. bedtime, free time) and usually reduces as activity increases!
- ▶ Parents often miss their children as much as (maybe more than!) their children miss them – this is normal! When this is communicated, wittingly or unwittingly, to a child this can cause homesickness. Parents can help reduce the possibility of homesickness by reassuring their children about the trip.
- ▶ Teachers will deal with homesickness sensitively and quickly. Only in the most extreme cases will we arrange for the children to call home.
- ▶ Being away from home and coping with new things is part of growing up – success brings greater self-esteem and new confidence.

RYG Club

- ▶ RYG Club will run as a breakfast club from 8:00am in Year 6 classrooms w/b 11th January.
 - ▶ No charge.
 - ▶ Recommended, but not a requirement.
 - ▶ Useful pre-trip preparation.
 - ▶ Please send your children to RYG club with (not wearing, unless they do usually) a pair of shoes with laces from Monday 11th January. In a named carrier bag would be a good idea.
- 

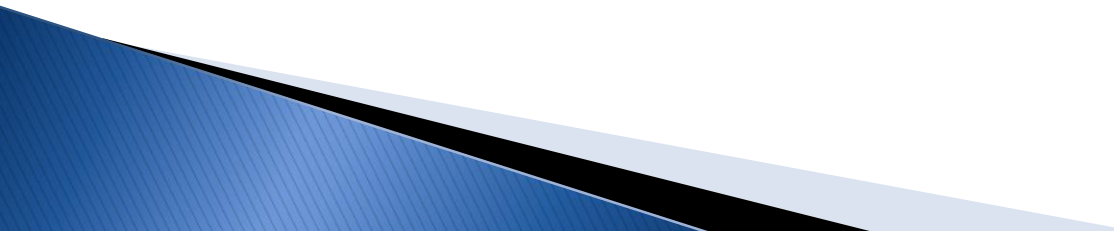
Keeping You Informed

- ▶ No news is good news – we will only contact you directly if we need to.
- ▶ We will post daily updates on the school Instagram page and all photos taken across the week will be added to RYG page on the school website at the end of the week (curriculum, RYG):
<http://thameside.reading.sch.uk/>
- ▶ We will keep you up to date with any other information through the school text system.

Contacting RYG

- ▶ The centre address is:
RYG Outdoor Centre, Bala, Gwynedd LL23 7ET
- ▶ Should an **emergency** arise, you can contact the centre (and/or leave a message) on **(01678) 520395**. As we are out of the centre all day, we may not be able to return your call immediately.
- ▶ To **update** us on any other matter, please contact the Mrs Burton who will pass on any messages.
- ▶ **Mobile phones are NOT allowed and will be confiscated until our return.**

Insurance

- ▶ The trip to RYG is insured by Reading Borough Council and Royal Sun Alliance (Policy # PA00018471). A copy of the insurance certificate is available on request.
 - ▶ Please note that Mobile Phones, CD/MP3 Players, CDs and electronic games are NOT covered.
- 

Questions?

Contact Mrs Burton

Tel: 01189375551

Email: deputy@thameside.reading.sch.uk

